

2016



A Taste of Spain & Portugal

WITH BRYANT UNIVERSITY ALUMNI

OCTOBER 4-16, 2016



13

DAYS

Food & Wine Tour

The vibrant flavors of Spain and Portugal will surprise and entice.

From the cava of Catalonia to the port wines of Porto, the cuisines of Spain and Portugal are calling you. As you make your way through these vibrant countries, you'll sample regional dishes and take in the culture of Barcelona and Madrid, visit Jerez's world-famous sherry *bodegas* and taste traditional pastries in Lisbon, the historic Portuguese capital.

Go Ahead

Start planning today **1.800.206.9871** | goaheadtours.com

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Overview

Your tour includes

- 11 nights in handpicked hotels
- Breakfast daily, 3 lunches, 6 three-course dinners with beer or wine, 5 wine tastings
- Multilingual Tour Director
- Private deluxe motor coach
- Guided sightseeing and select entrance fees

Your tour highlights

- The colors and flavors of the Boqueria Market
- Cava: Spain's white sparkling wine
- Dinner at Restaurante Botin, thought to be the oldest in the world
- The remarkable Mezquita in Córdoba
- Sherry, port and other sweet treats
- A cruise along the picturesque Douro River

Where you'll go



OVERNIGHT STAYS

- 2 nights • Barcelona
- 1 night • La Rioja Region
- 2 nights • Madrid
- 2 nights • Seville
- 2 nights • Lisbon
- 2 nights • Porto

Overnight flight | 1 night

Day 1: Travel day

Board your overnight flight to Barcelona today.

Barcelona | 2 nights

Day 2: Arrival in Barcelona

Included meal: welcome dinner

Transfer to your hotel and settle in before meeting your Tour Director at a welcome dinner featuring traditional paella and regional wines.

Day 3: Cooking lesson & sightseeing tour of Barcelona

Included meals: breakfast, lunch

Set out on a walking tour of the famous Boqueria Market, picking out fresh ingredients as you go. Then, use your finds to prepare an authentic Spanish meal during a cooking lesson with a professional chef.

Later, get to know the Catalan capital on a guided sightseeing tour.

- Stop at Montjuïc, where the 1992 Olympic Games took place, and stroll Mirador de l'Alcalde Park
- Pass Plaça d'Espanya and the soaring monument to Christopher Columbus
- Step inside La Sagrada Família, Gaudí's famous masterwork-in-progress
- Drive along Passeig de Gràcia, past Gaudí's "House of Bones"

La Rioja Region | 1 night

Day 4: Cava & La Rioja Region

Included meals: breakfast, lunch, wine tasting, dinner

Head out into the Cava region today, famed for its sparkling wines.

- Visit Codorníu Winery for a tour of its underground cellars, turn-of-the-century buildings and beautiful gardens
- Enjoy a cava tasting accompanied by a light tapas lunch

This evening, make your way into the hills of the scenic Rioja region for a dinner of local specialties paired with regional wines.

Madrid | 2 nights

Day 5: Madrid via the City of Wine

Included meals: breakfast, wine tasting

Make your way to the modern City of Wine, nestled into the Rioja hills. Here, you'll tour the vineyards and cellars of the Marqués de Riscal Winery and enjoy a tasting of three varietals paired with Iberic ham, Idiazábal cheese and *chorizo riojano*. Then, continue on to Madrid.

Day 6: Sightseeing tour of Madrid

Included meals: breakfast, dinner

Begin your day with a visit to a local chocolateria for churros and hot chocolate. Then, follow your local guide on a panoramic sightseeing tour of the Spanish capital.

- Stop at Plaza de España and the stately Royal Palace
- Pass by the Temple of Debod, a reassembled temple from ancient Egypt
- Pass Plaza Mayor, Plaza Cibeles and Puerta del Sol in the heart of the city
- Discover the artwork of the Prado Museum, which began as the private collection of the Spanish monarchy
- Finish your tour with wine and tapas at San Miguel market

Later, join your fellow travelers for an included dinner of suckling pig and roast lamb at Restaurante Botin, considered to be the oldest restaurant in the world

Seville | 2 nights**Day 7: Seville via Córdoba**

Included meal: breakfast, olive oil tasting, dinner

Ride a high-speed train to the town of Córdoba to see the medieval Albolafia mill and explore the Mezquita, a UNESCO World Heritage-protected cathedral, on a guided tour. This afternoon, en route to Seville, stop at an olive oil farm for a tasting.

Tonight in Seville, experience the dramatic art of traditional flamenco dancing after an included dinner.

Day 8: Sightseeing tour of Seville & Jerez wine tasting

Included meal: breakfast, wine tasting

Uncover the beauty of Seville, the historic Andalusian capital, on a sightseeing tour led by a local guide.

- Pass the Guadalquivir river, the 13th-century Torre del Oro and the site of the 1992 World Expo
- Get a glimpse into Seville's rich history, including the tiled pavillion of the Plaza de España and the Gothic Seville Cathedral where Columbus is buried
- Pass the whitewashed homes of Barrio de Santa Cruz
- Enter the Alcázar Palace, once home to King Ferdinand and Queen Isabella

Later this afternoon, set out for Jerez, a region widely known for its sherry wines. Here, you'll pay a visit to a traditional sherry house, also known as a *bodega*, for a tour and tasting.

Lisbon | 2 nights**Day 9: Lisbon via Alentejo Wine Region & Évora**

Included meals: breakfast, lunch, wine tasting

Located in the heart of Portugal's plains country, the Alentejo region is home to some of the nation's best wines. Enjoy a tasting at one of the area's local wineries before making your way to the UNESCO-recognized town of Évora for a sightseeing tour.

- View the quaint historic center, home to the Roman Temple of Diana
- Enter St. Francis Church to see the Chapel of Bones and explore the surrounding gardens

Then, continue on to Lisbon, the illustrious Portuguese capital.

Day 10: Sightseeing tour of Lisbon & Sintra

Included meals: breakfast, dinner

Get to know "The City of Seven Hills" on a tour with a local guide.

- Discover Lisbon's longstanding maritime heritage at the Monument to the Discoveries and Belém Tower
- Stop at renowned bakery, Pastéis de Belém where you'll sample a selection of traditional pastries
- Pass by the Jerónimos Monastery, built 500 years ago to honor voyagers
- Walk through the Moorish Alfama district in view of the Castle of São Jorge

Afterwards, head outside of the city to the UNESCO World Heritage-listed town of Sintra and discover why the poet Lord Byron once called it a "glorious Eden."

- Enter the 19th-century Romanticist Pena Palace and take in sweeping views of the Portuguese countryside from its mountaintop grounds
- Enjoy free time to stroll through Sintra and discover its colorful villas, small shops and impeccably manicured gardens

Stop in the old fishing village of Cascais for free time to explore. Then, make your way back to Lisbon for an included dinner and Fado performance.

Porto | 2 nights**Day 11: Porto via Coimbra**

Included meal: breakfast

Make your way to Porto today, stopping in the city of Coimbra for a guided sightseeing tour.

- Visit Coimbra University, one of the oldest in Europe, and take time to explore its vast library
- View the Romanesque and Gothic architecture of the medieval old city and pass by the picturesque waterfront

Day 12: Sightseeing tour of Porto, river cruise & wine tasting

Included meal: breakfast, wine tasting, farewell dinner

Get to know Porto like a true *tripeiro* (Porto resident) as you follow your local guide.

- Wander the medieval lanes of the Old-World Ribeira district and along the picturesque Douro riverfront
- Pass citywide icons, such as the Baroque-style Clérigos Tower, the Gothic São Francisco Church and the wrought-iron Maria Pia Bridge
- Step inside the city's famed neoclassical Stock Exchange Palace

Later, board a riverboat for a cruise along the Douro.

- Take in scenes of Porto's vibrant waterfront and historic Villa Nova de Gaia, home to the region's centuries-old port wine warehouses
- Drift under five of the river's most iconic Old-World bridges, passing colorful hillside villas and traditional rabelos (flat-bottomed boats) along the way

Once back on shore, pay a visit to one of Porto's most prestigious port wine cellars: Ferreira. During the guided tour, learn the long-standing history of port wine, as well as the ins and outs of port production and warehousing. Then, sit down to taste three of the cellar's world-famous labels, paired with cheese.

Later this evening, join your group for a farewell dinner.

Day 13: Departure

Included meal: breakfast (excluding early morning departures)

Transfer to the airport for your flight home.

